PRIMARY CARE FORUM Robert Graham Center

"COMPLEXITY OF AMBULATORY CARE ACROSS DISCIPLINES"

David Katerndahl, M.D., M.A.

Family & Community Medicine
University of Texas Health Science Center
San Antonio, Texas

WHY COMPLEXITY OF CARE MATTERS

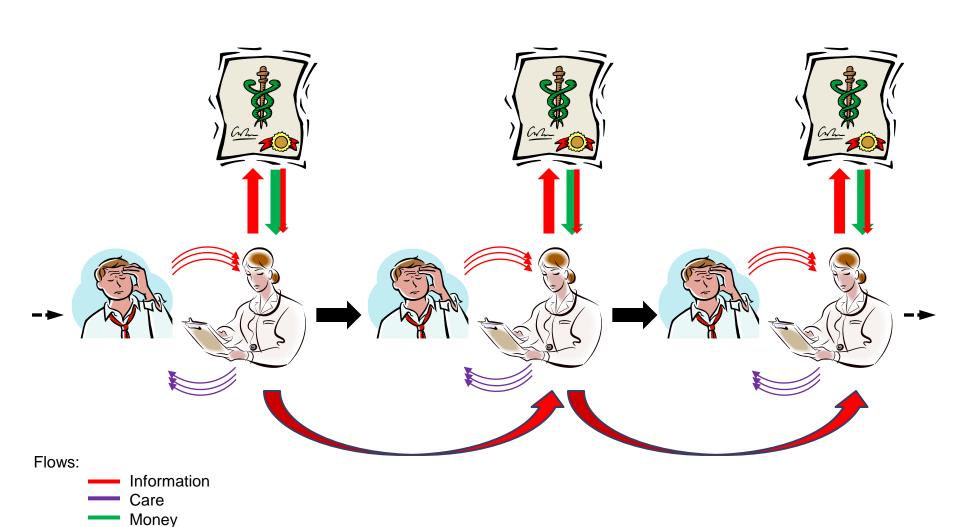
- POTENTIAL FOR:

- 1. Reduced Quality Of Care
 - 1. Reduced Comprehensiveness Of Care
 - 2. Decreased Use Of Practice Guidelines
 - 3. Increase Risk Of Medical Errors
- 2. Increased Health Care Costs
 - Inefficiency
 - Increased Testing
 - Increased Referrals
- 3. Decreased Patient & Physician Satisfaction
 - 1. Perceived Inadequate Visit Time
 - 2. Increased Physician Burnout
- 4. Health Care Reform Process

WHAT IS "COMPLEXITY"?

- "Complexity" = Interrelatedness Of System Components^{1,2}
 - 1. Cognitive Complexity Component
 - Content Of Information (Counts)
 - 2. Relational Complexity Component
 - Flow Of Information Between Members (Variability)
 - Uniqueness Of Relationships (Diversity)

WHAT MAKES AMBULATORY CARE COMPLEX?



MEASURING COMPLEXITY

- Requirements Of Measure
 - Includes Quantity Of Activity
 - Reflects Variability & Diversity Across Visits
 - Considers Time Availability
 - Differentiates Input & Output Effects
- Error Rates (Complexity Measure¹) Depend On:²
 - Quantity Of Activity
 - Variability
 - Diversity
 - Time Availability

PRIOR ATTEMPTS AT ESTIMATING COMPLEXITY

- Measures Currently Used
 - Case-Mix Measures¹
 - Risk Adjustment Measures²
 - Patient Severity Measures³
 - Patient Complexity⁴
 - Problems Per Hour⁵
- Why These Measure Do NOT Measure Complexity
 - Complexity ≠ Severity
 - Assume Linearity (Regularity, Predictability)⁶
 - Do Not Capture ALL Relevant Dimensions
 - Single Patient Measures

COMPLEXITY OF CARE MEASUREMENT USED*

-2010 NATIONAL AMBULATORY MEDICAL CARE SURVEY-

1. Identify Each Average Input / Output For Each Discipline

Inputs	Outputs
Reasons Diagnoses Examinations Testing Patient Demographics	Medications Other Treatments • Education • Counseling • Therapies • Procedures Disposition

- 2. Weight Each Input / Output By Its Variability & Diversity
- 3. Add All Inputs / Outputs Components Together
- 4. Calculate "Encounter Complexity", Weighting Input More Heavily
- 5. Calculate "Complexity Burden" (Encounter Complexity / Duration-Of-Visit)

ENCOUNTER COMPLEXITY*

- Internal Medicine & Family Medicine Encounters Most Complex
- ❖ Encounters Of Internal Medicine, Family Medicine, Cardiology & Oncology Clearly Much More Complex Than Those Of Other Disciplines
- ❖ Encounters Of Internal Medicine & Family Medicine About 3X As Complex As Those Of Ophthalmology, ENT, Orthopedics & Psychiatry

- →Internal Medicine
 - -Family Medicine
 - **★**Cardiology
 - → Oncology
 - -OBGYN
 - ---Neurology
 - —Pediatrics
 - —Urology
 - **→**General Surgery
 - Dermatology
 - **→**Ophthalmology
 - \rightarrow ENT
 - **—**Orthopedics
 - --Psychiatry

ENCOUNTER COMPLEXITY

COMPLEXITY BURDEN*

- ❖Complexity Burden Is Highest For Family Medicine & Internal Medicine
- ❖Complexity Burden
 Of Family Medicine &
 Internal Medicine
 Care Is 2X That Of
 Most Surgical
 Disciplines &
 Neurology, But 5X
 That Of Psychiatry

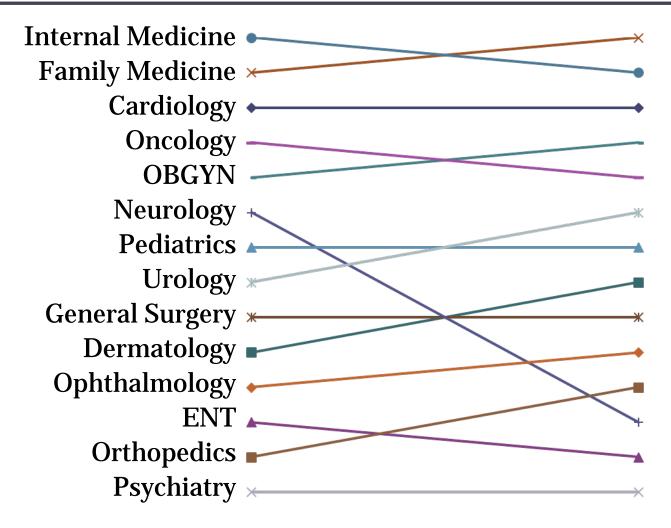


- *
- +
- **♦**
- *

- **→**Family Medicine
- -Internal Medicine
- **→** Cardiology
- *OBGYN
- Oncology
- --- Urology
- —Pediatrics
- —Dermatology
- **→**General Surgery
- Ophthalmology
- **→**Orthopedics
- → Neurology
- +ENT
- --Psychiatry

COMPLEXITY BURDEN

CHANGES IN RANKING BY DISCIPLINE*



ENCOUNTER COMPLEXITY

COMPLEXITY BURDEN

CONCLUSIONS

- 1. Encounter Complexity
 - 1. Internal Medicine & Family Medicine Most Complex
 - 2. Internal Medicine, Family Medicine, Cardiology & Oncology More Complex Than Other Disciplines
- 2. Complexity Burden
 - 1. Most For Family Medicine & Internal Medicine
 - 2. Twice That Of Most Surgical Disciplines & Neurology
 - 3. 5X That Of Psychiatry

THANK YOU

