



# Maine: Projecting Primary Care Physician Workforce

## Background

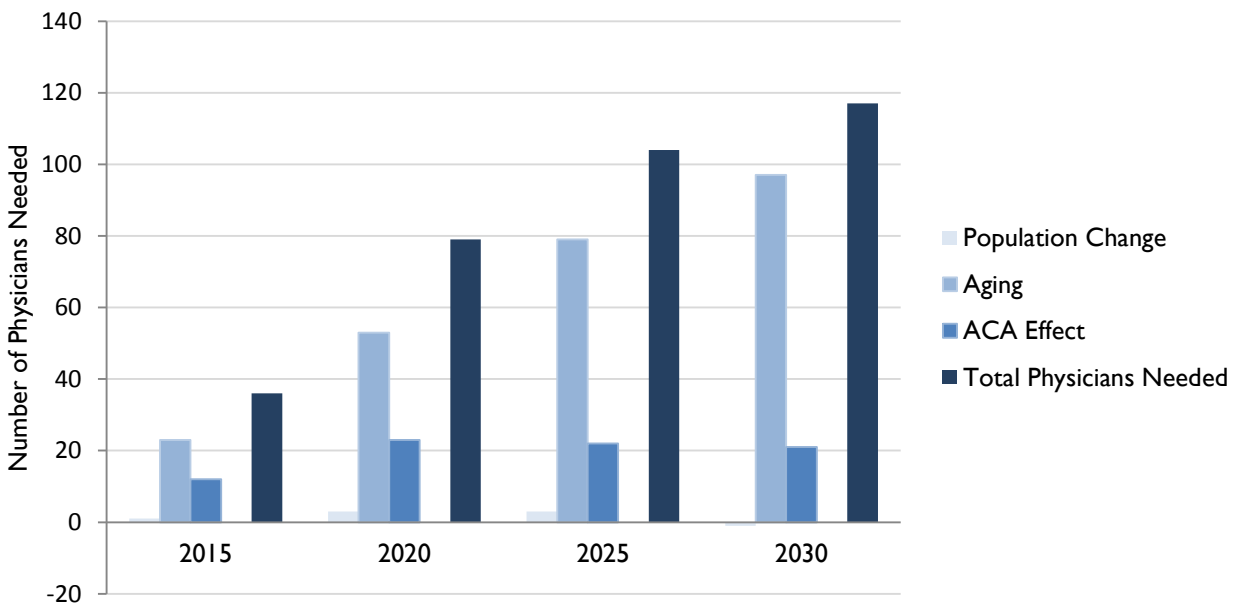
Primary care physicians (PCP) workforce shortages challenge the long term viability of U.S. primary care, a foundation of the Triple Aim for U.S. health care. The Triple Aim envisions primary care as an integrating component working across its three goals of improving the quality of care, improving health of populations, and reducing per capita health care costs.<sup>1</sup> Studies of the future need for primary care providers indicate that demographic and policy trends will only strain a workforce already struggling to meet national needs.<sup>2</sup> Other analyses document geographic maldistribution of PCPs, within states as well as across states.<sup>3</sup> Addressing both physician shortages and maldistribution requires analysis and action on the state level.

**Methods.** The Robert Graham Center projected the Maine PCP workforce necessary to maintain current primary care utilization rates, accounting for increased demand due to aging, population growth, and an increasingly insured population due to the Affordable Care Act (ACA). Primary care use was estimated with 2010 Medical Expenditure Panel Survey (MEPS) data. Current active PCPs within Maine were identified using the 2010 American Medical Association (AMA) Masterfile, adjusting for retirees and physicians with a primary care specialty but not practicing in primary care settings. Maine population projections are from those produced by the state based on the 2010 Census.<sup>4</sup>

## Workforce Projections 2010-2030

**To maintain current rates of utilization, Maine will need an additional 120 primary care physicians by 2030, a 9% increase compared to the state’s current (as of 2010) 1,243 PCP workforce.**

Maine Projected Primary Care Physicians Need



Suggested citation: Petterson, Stephen M; Cai, Angela; Moore, Miranda; Bazemore, Andrew. State-level projections of primary care workforce, 2010-2030. September 2013, Robert Graham Center, Washington, D.C.

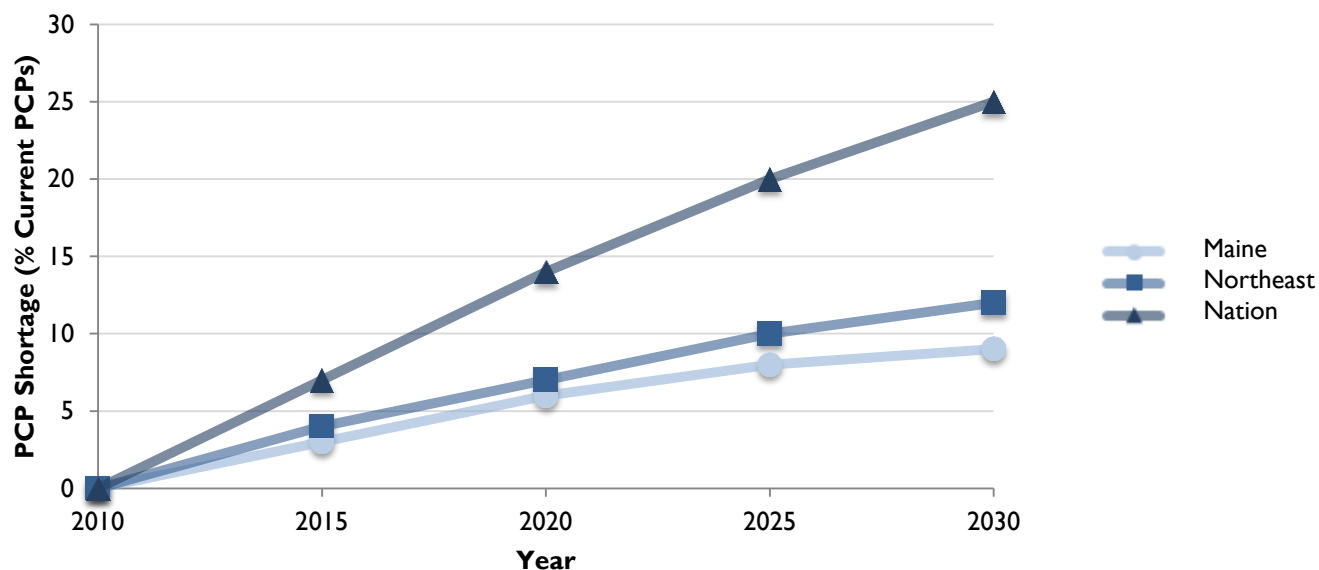
<sup>1</sup> Berwick, D. M., Nolan, T. W., & Whittington, J. (2008). The triple aim: care, health, and cost. *Health Affairs*, 27(3), 759–69. doi:10.1377/hlthaff.27.3.759

<sup>2</sup> Petterson, S. M., Liaw, W. R., Phillips, R. L., Rabin, D. L., Meyers, D. S., & Bazemore, A. W. (2012). Projecting US Primary Care Physician Workforce Needs : physician supply meet demands of an increasing and aging population? *Health Affairs*, 27(3), w232–w241. Also see Colwill, J., Cultice, J., & Kruse, R. (2008). Will generalist physician supply meet demands of an increasing and aging population? *Health Affairs*, 27(3), w232–w241.

<sup>3</sup> Council on Graduate Medical Education Tenth Report: *Physician Distribution and Health Care Challenges in Rural and Inner-city Areas*. (1998). Washington, D.C.

<sup>4</sup> <http://www.maine.gov/economist/econdemo/article.shtml?id=501734>. For full description of the methodology, see <http://www.graham-center.org/tools-resources/state-projections.htm>.

## Physician Shortage Comparison – State, Region, Nation



### Implications for Maine

To maintain the status quo, Maine will require an additional 120 primary care physicians by 2030, a 9% increase of the state's current (as of 2010) 1,243 practicing PCPs. The current population to PCP ratio of 1067:1 is lower than the national average of 1463:1. The 2030 projection stands below the Northeast overall and below the nation overall. Components of Maine's increased need for PCPs include 101 PCPs from increased utilization due to aging and 21 PCPs due to a greater insured population following the Affordable Care Act (ACA). These increases are offset by the lower demand for PCPs (-2 PCPs) attributable to the projected decrease in state population.

Pressures from a growing, aging, increasingly insured population call on Maine to address current and growing demand for PCPs to adequately meet health care needs. Policymakers in Maine should consider strategies to bolster the primary care pipeline including reimbursement reform, dedicated funding for primary care Graduate Medical Education (GME), increased funding for primary care training and medical school debt relief.

### Highlights: Maine's Projected Primary Care Physician Shortage

Additional PCPs Required by 2030

**120**

Or, **9%** of current workforce, due to an aging, growing and increasingly insured population.

Current Primary Care Physician Workforce  
**1,243**

The state's PCP ratio of 1067:1 is lower than the national average of 1463:1.

### Potential Solutions –

#### Bolster the Primary Care Pipeline

- ❖ Physician reimbursement reform
- ❖ Dedicated funding for primary care Graduate Medical Education (GME)
- ❖ Increased funding for primary care training (Title VII, Section 747)
- ❖ Medical school student debt relief